



October 2021		Jefferson Elementary School			SY 2021-2022
Monday	Tuesday	Wednesday	Thursday	Friday	
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4	5	6	7	8	<b>#PIZZA BAGEL</b> MIXED FRUIT FRUIT JUICE  <b>BEEF CHILI NACHOS</b> STEAMED BROCCOLI AND CORN FRUIT JUICE
<b>#CEREAL W/ TOAST</b> APPLESAUCE FRUIT JUICE	<b>*PORTUGUESE SAUSAGE W/ STEAMED RICE</b> FRESH FRUIT PINE CHUNKS	<b>#MINI PANCAKES</b> MIXED FRUIT CRAISINS	<b>#CINNAMON ROLL</b> FRUIT JUICE DICED PEARS	<b>BREAKFAST PIZZA</b> FRESH FRUIT APPLE CHIPS	
<b>BREADED CHICKEN TENDERS</b> STEAMED RICE CARROTS & EDAMAME APPLE CHIPS	<b>*PEPPERONI PIZZA</b> GREEN SALAD W/ VEGGIE STICKS HUMMUS FRUIT JUICE	<b>SLOPPY JOE</b> WEDGE FRIES GREEN SALAD MOG SLUSHIE	<b>#MAC &amp; CHEESE</b> ASIAN SLAW W/ BABY CARROTS BAKED BEANS FRESH FRUIT	<b>ROAST TURKEY W/ GRAVY</b> MASH POTATOES BABY CARROTS DICED PEARS	
11	12	13	14	15	
					
18	19	20	21	22	
<b>#CEREAL W/ TOAST</b> SLICED PEACHES FRUIT JUICE	<b>#BELGIAN WAFFLE</b> FRESH FRUIT MIXED FRUIT	<b>#CHEESE STUFFED STICKS</b> FRUIT JUICE MARINARA SAUCE	<b>*PORTUGUESE SAUSAGE W/ STEAMED RICE</b> APPLESAUCE CRAISINS	<b>*CINNAMON ROLL</b> APPLE CHIPS FRESH FRUIT	
<b>CREOLE MAC</b> COLESLAW CORN & EDAMAME FRESH FRUIT	<b>FISH SANDWICH</b> WEDGE FRIES VEGGIE STICKS & BAKED BEANS FRUIT SLUSHIE	<b>#CHEESE PIZZA</b> GREEN SALAD W/ BABY CARROTS CRAISINS	<b>*ROAST PORK W/ GRAVY</b> STEAMED RICE BROCCOLI & CARROTS FRUIT JUICE	<b>HOT DOG IN BUN</b> TATER TOTS VEGGIE STICKS PINE CHUNKS	
25	26	27	28	29	
<b>#CEREAL W/ TOAST</b> DICED PEARS FRESH FRUIT	<b>#FRENCH TOAST STICKS W/SYRUP</b> FRUIT JUICE PINE CHUNK	<b>BREADED CHICKEN PATTIY W/ STEAMED RICE</b> CRAISINS SLICED PEACHES	<b>#PIZZA BAGEL</b> MIXED FRUIT FRUIT JUICE	<b>COFFEE CAKE W/ TURKEY HAM</b> FRESH FRUIT APPLE CHIPS	
<b>BEEF CHILI NACHOS</b> STEAMED BROCCOLI AND CORN FRUIT JUICE	<b>#TASTY TENDERS</b> STEAMED RICE GREEN SALAD W/VEGGIE STICKS APPLESAUCE	<b>TUNA SANDWICH W/CORN CHOWDER</b> GREEN SALAD W/TOMATO & EDAMAME/POG SLUSHIE	<b>CHEESEBURGER W/ WG BUN</b> TATER TOTS & MIXED FRUIT COLESLAW & BAKED BEANS	<b>*KALUA PORK W/CABBAGE</b> STEAMED RICE LOMI TOMATO PINE CHUNKS	
Menu subject to change without notice. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.					